



HIV Prevention

A Clinical Concern

Incorporating HIV Prevention
into the Medical Care of
Persons Living with HIV

Ask Screen

In concert with recommendations* of the Centers for Disease Control and Prevention, the Health Resources and Services Administration, the National Institutes of Health, and the HIV Medicine Association of the Infectious Diseases Society of America, this modular course is designed for care providers of persons with HIV and promotes the use of the clinical encounter for the prevention of HIV transmission. The full course can be provided as a single-day session or as four discrete sessions, each lasting from one to one and a half hours. Continuing Education credit will be offered. Training is offered to physicians, nurses, physician assistants and other interested health professionals. For course availability in your area, please visit our website at http://depts.washington.edu/nnptc/online_training/asi or contact one of the STD/HIV Prevention Training Centers listed on the back of this brochure.

MODULE 1 Risk Screening : Behavioral Risks and STDs

The HIV epidemic is changing. As care providers, our responses to it must evolve as well. “Prevention fatigue,” increased longevity related to antiretroviral therapy, and the role of drug use in communities at risk have affected changes in HIV transmission patterns. Yet many providers do not routinely ask HIV-positive patients about behaviors related to transmission of HIV to others.

The first Module of the Ask-Screen-Intervene curriculum addresses:

- *Emerging trends in the HIV epidemic*
- *The increasingly recognized role of other STDs in the transmission and acquisition of HIV*
- *Recommendations for enhancing STD/HIV risk screening and assessment techniques*
- *Overcoming barriers to the use of tailored prevention strategies with individual patients*

By providing you the most up-to-date information on the *whats, whens*, and *hows* of periodic STD screening and treatment, this session will facilitate your implementation of this effective biomedical approach to HIV prevention.

MODULE 2 Universal Prevention Messages and Addressing Misconceptions

Clinician-delivered prevention messages have been shown time and again to be feasible and effective in reducing patients’ risk of transmitting HIV to partners. In Module Two of Ask-Screen-Intervene, you will learn:

- *Strategies for addressing prevalent misconceptions about HIV transmission risk*
- *The most up-to-date knowledge of how viral load, strategic positioning, and post-exposure chemoprophylaxis can affect transmission risk*
- *Information your patients need to help them keep their partners safe*
- *Relevant prevention messages that can be delivered to all of your HIV-positive patients*

Through interactive exercises, you will practice delivering messages that can motivate patients to both assess and reduce their risk for HIV transmission.

Intervene

MODULE 3 Tailored Behavioral Interventions

Individual patients require individual attention, and often individualized interventions. In Module Three, you will learn about the creation of such tailored interventions. Through a standardized case, as well as interactive exercises, you will learn about:

- *Strategies for creating a brief yet individualized intervention, incorporating a patient-driven risk reduction plan*
- *Appropriate use of targeted referrals for patients who need more in-depth services to assist with challenges or barriers to reducing high-risk behaviors*
- *Organizations and individuals to whom you can refer your patients for further care*

Limited time and resources mean many patients require referrals for additional services. As a health care provider, you are afforded a great opportunity to give your patients the necessary tools to help them remain healthy and safe. This session will reinforce use of those tools.

MODULE 4 Partner Services

In the United States, persons living with HIV have access to a service few know about or understand. Partner Services is a voluntary, no-fee public health program that helps HIV-positive individuals disclose their status to their sex or needle-sharing partners. Partner Services has been shown to be effective in identifying previously undiagnosed cases of HIV. In Module Four of the Ask-Screen-Intervene curriculum, you will learn about:

- *Various Partner Services program options available to patients; for those who wish to remain anonymous, the service will inform partners of their exposure to HIV without revealing the initiating patient's identity*
- *Information about your referral options and legal responsibilities with respect to Partner Services*
- *A presentation by a liaison from the health department, who will be available to discuss locally relevant laws regulations, and practices.*

By increasing your awareness of the policies and protocols of Partner Services, you can provide a benefit to your patients, your practice, and your community.

* "Incorporating HIV Prevention into the Medical Care of Persons Living with HIV," Morbidity and Mortality Weekly Report, 2003; 52 (No. RR-12):1-24.
<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5212a1.htm>

The National Network of STD/HIV Prevention Training Centers

Supported by a cooperative agreement with the Centers for Disease Control and Prevention, this modular course was developed in collaboration with AIDS Education Training Centers and the AETC National Resource Center. The STD/HIV Prevention Training Centers indicated below (*) are coordinating delivery of this course. For more information on these centers, please visit www.stdhivpreventiontraining.org and for specific information on upcoming ASI trainings in your region visit http://depts.washington.edu/nnptc/online_training/asi.

Western United States

* California STD/HIV Prevention Training Center
Oakland, CA
510-625-6000
(Clinical, Behavioral, & Partner Services Training)

* Seattle STD/HIV Prevention Training Center
Seattle, WA
206-685-9850
(Clinical Training)

Central United States

* Denver STD/HIV Prevention Training Center
Denver Public Health
Denver, CO
303-436-7203
(Clinical & Behavioral Training)

Mid-America STD/HIV Prevention Training Center
Colorado Department of Public Health and Environment
Denver, CO
303-692-2759
(Partner Services Training)

St Louis STD/HIV Prevention Training Center
Washington University
St. Louis, MO
314-747-0294
(Clinical Training)

Cincinnati STD/HIV Prevention Training Center
Cincinnati Health Dept
Cincinnati, OH
513-357-7308
(Clinical Training)

Southern United States

Alabama-North Carolina STD/HIV Prevention Training Center
Birmingham, AL
205-975-5504
(Clinical Training)

Dallas STD/HIV Behavioral Intervention Training Center
University of Texas
Dallas, Texas
214-645-7353
(Behavioral Training)

Texas STD/HIV Prevention Training Center
Texas Department of State Health Services
Austin, TX
512-533-3020
(Partner Services Training)

Southeast Region STD/HIV Prevention Training Center
Hillsborough County Health Department
Tampa, FL
813-307-8000, Ext. 4599
(Clinical Training)

Eastern United States

* Region III STD/HIV Prevention Training Center
Baltimore City Health Dept.
Baltimore, MD
410-545-1547
(Clinical Training)

* Sylvie Ratelle STD/HIV Prevention
Training Center of New England
Jamaica Plain, MA
617-983-6945
(Clinical Training)

* Region II STD/HIV Prevention Training Center
NYC Department of Health & Mental Hygiene
New York, NY
212-788-6618
(Clinical Training)

New York State STD/HIV Prevention Training Center
Albany, NY
518-474-1692
(Partner Services Training)

Center for Health and Behavioral Training
STD/HIV Prevention Training Center
Rochester, NY
585-753-5382
(Behavioral Training)