

# Talking to Your Partner

## about your STD

communicate



encourage your partner to get tested

- Find a time in the next few days to speak with your partner.
- Find a quiet, private place for discussion.
- Tell your partner about your STD and what it means - and doesn't mean.
- Help your partner understand that they may have the STD, and that they could have had it first, or you may have had it first. Sometimes, no one knows for sure.
- Think about your partner's reaction before you tell your partner. Is it safe to tell them?
- Know that your partner is not bound to keep this secret. Your partner may need to talk with his/her friends or family about this.
- Refer your partner to get tested so you both know your status. This is important so that you both can get treated at the same time if you need to. This way, you can prevent the spread or complications of the STD for both you and your partner.

LA County Department of Health Services STD Program

**FREE HOTLINE NUMBER:**

1-800-758-0880

